

## Term 3, 2021

Continual learning is extremely beneficial for your child and will keep your swimmers progress on track.

## Benefits of swimming all year round include:

- Develop a skill that will last a lifetime Almost all ages and ability levels can use the water for recreation, exercise and sport.
- Improve Safety Keep up important experience and skills, the risks don't go away during cooler times of the year.
- Maintain Skills Skills need re-enforcement, or they can regress, especially with children under 5 years.
- Physical Fitness Establish a routine of fitness, swimming offers healthy benefits with minimal risk of sport related injury.
- Swimming keeps the immune system in shape and exercise invigorates the entire body.
- Ongoing stimulation and developmental benefit

Level					Pricelist	Pricelist
					MONDAY	WEDNESDAY / FRIDAY
Starfish	3.45pm	4.10pm	4.35pm	5.00pm	\$180.00	\$200.00
Seahorse	3.45pm	4.20pm	4.55pm		\$177.75	\$197.50
Jellyfish	3.45pm	4.20pm	4.55pm		\$171.00	\$190.00
Octopus	3.45pm	4.20pm	4.55pm		\$171.00	\$190.00
Otters	3.45pm	4.20pm	4.55pm		\$171.00	\$190.00
Seals	3.45pm	4.20pm	4.55pm		\$166.50	\$185.00
Dolphins	3.45pm	4.20pm	4.55pm		\$166.50	\$185.00
Sharks	3.45pm	4.35pm	4.45pm		\$162.00	\$180.00
Swordfish	3.45pm	4.35pm	4.45pm		\$162.00	\$180.00
Marlins	3.45pm	4.30pm			\$162.00	\$180.00
Orcas	3.45pm				\$18.00	\$18.00
	–5.00pm				(per session)	(per session)

## Term 3, 2021 Timetable - Daily Class Times – Mondays (9 Weeks) / Wednesdays & Fridays (10 weeks)

## Daily Class Times – Saturday (9 weeks)

Level								Pricelist
Starfish	1.00pm	1.25pm	1.50pm	2.15pm	2.40pm	3.05pm	3.30pm	\$180.00
Seahorse	1.00pm	1.35pm	2.10pm	2.45pm	3.20pm			\$177.75
Jellyfish	1.00pm	1.35pm	2.10pm	2.45pm	3.20pm			\$171.00
Octopus	1.00pm	1.35pm	2.10pm	2.45pm	3.20pm			\$171.00
Otters	1.00pm	1.35pm	2.10pm	2.45pm	3.20pm			\$171.00
Seals	1.00pm	1.35pm	2.10pm	2.45pm	3.20pm			\$166.50
Dolphins	1.00pm	1.35pm	2.10pm	2.45pm	3.20pm			\$166.50
Sharks	1.00pm	1.50pm	2.40pm	3.05pm				\$162.00
Swordfish	1.00pm	1.50pm	2.40pm	3.05pm				\$162.00
Marlins		2.00pm						\$162.00
Stroke Dev.		2.00pm						\$162.00