About Us
Hale Swim School offers a unique learn to swim programme which has been developed for children aged from 2 - 13 years. Our level progressions provide a broad balanced programme of swimming, water safety and survival skills in preparation of a lifetime of safe activity in, or near any aquatic environment. Swimmers will be given a coloured cap with a sea character motif, which signifies their swimming level. These caps will be issued on the first day of lessons.

The eight lane, 25 metre pool is part of a brand new Aquatic Centre at Hale School, an exciting, fresh and positive environment for your child to experience and learn a skill for life.

We are registered with Swim Australia and certified by Austswim.

Swim School Office Hours
Monday, Wednesday and Friday ....................................................... 10.00am - 6.00pm
Tuesday and Thursday ...................................................................... 8.00am - 4.00pm
Saturday ............................................................................................. 2.00pm - 5.00pm

Fee Structure
• Payable per school term or Holiday Splash block
• Full payment required when booking
• Discounts available for current Hale families

Turtles (Parent and Toddler)
(2 - 3.5 years) (30 minute lesson)
• Water familiarisation and basic skills
• Learn to swim at an early age
• Lifesaving skills
• Promotes motor skill development

Saturday 2.35pm - 5.00pm

Early Development Programmes
(3.5 - 5 years) (20 - 30 minute lesson)
• 3 levels: Starfish/Seahorse/Jellyfish
• Promote water familiarisation
• Builds confidence and skills
• Basic water safety
• Develop basic swimming skills
• Lifesaving skills

Monday 3.45pm - 6.00pm
Wednesday 3.45pm - 6.00pm
Friday 3.45pm - 6.00pm
Saturday 2.00pm - 5.00pm

Stroke Development Programmes
(5 - 10 years) (30 minute lesson)
• 4 levels: Octopus/Otters/Seals/Dolphins
• Stroke development - 4 strokes
• Water Safety
• Lifesaving skills
• Diving

Monday 3.45pm - 6.00pm
Wednesday 3.45pm - 6.00pm
Friday 3.45pm - 6.00pm
Saturday 2.00pm - 5.00pm

Squad Development Programmes
(9 - 13 years) (45 minute - 1 hour lesson)
• 2 levels: Sharks/Marlins
• Stroke Refinement - all strokes
• Competitive skills
• Lifesaving skills

Monday 3.45pm - 6.00pm
Wednesday 3.45pm - 6.00pm
Friday 3.45pm - 6.00pm
Saturday 2.00pm - 5.00pm

Squad Programme
(9 - 14 years) (1 - 1 ½ hour training session)
• Stroke Refinement - all strokes
• Competitive skills
• Fitness and technique readiness to compete at PSA / IGSSA / School Carnival level.

Term 1 & 4
Mon/Wed/Fri ......................................................... 6.30am - 8.00am alongside the PSA swim team

Term 2 & 3
Mon/Wed/Fri ............................................... 3.50pm - 5.00pm alongside the Swim School LTS using 2 x lanes 50m

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